



संस्कृति मंत्रालय
MINISTRY OF
CULTURE



INTERNATIONAL
YOGA DAY

2026

Yoga for Healthy Ageing

HERITAGE • HEALTH • HARMONY

CELEBRATION AT
THE ASIATIC SOCIETY
KOLKATA



21st June 2026
(Sunday)



Time- 10:00 am

Celebrating the timeless connection between yoga, heritage, culture and well-being.